

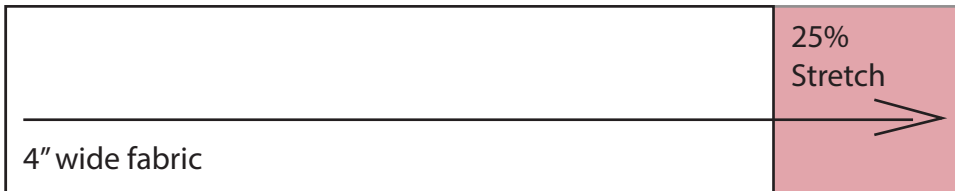


INSTRUCTIONS:

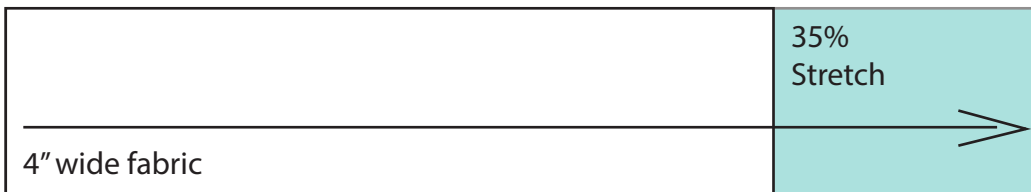
- Cut a 4" (10.16cm) piece of fabric.
- Stretch the piece and compare it to the chart.
- When you find how much stretch your fabric has, use the percentage suggestions to calculate the perfect neckband measurement!



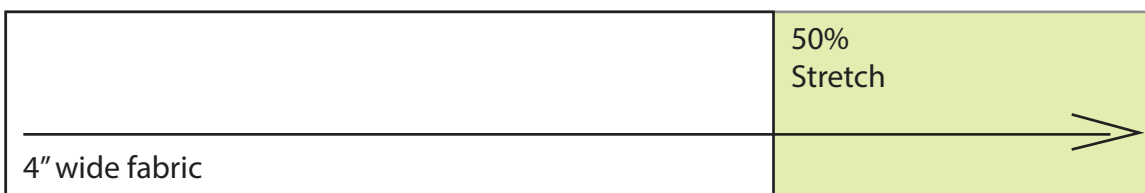
For the perfect neckband, remove 5% of your neck opening measurement (and add seam allowances).



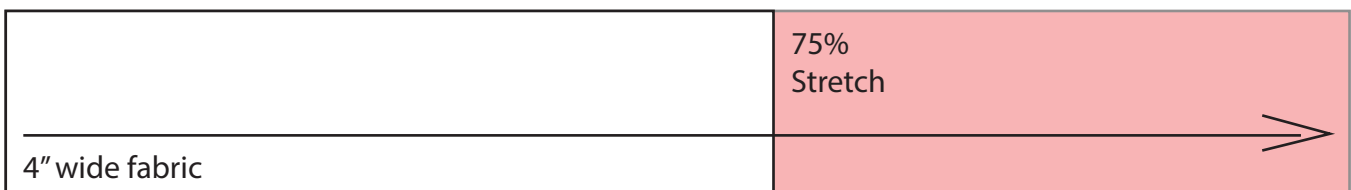
For the perfect neckband, remove 5-10% of your neck opening measurement (and add seam allowances).



For the perfect neckband, remove 10-15% of your neck opening measurement (and add seam allowances).



For the perfect neckband, remove 15% of your neck opening measurement (and add seam allowances).



For the perfect neckband, remove 15-20% of your neck opening measurement (and add seam allowances).